

Zenbiome™ Cope Benefits**



Helps overcome occasional stress



Eases perceived stress



Promotes healthy mood



Supports mental clarity



Promotes energy & vitality



Maintains brain & nerve health

Zenbiome™ Sleep Benefits**



Promotes sleep quality



Supports a calm mind



Promotes relaxation



Supports energy & vitality



Helps reset a natural sleep cycle



Promotes brain & nerve health

How To Order:

1. Open the camera on your phone and scan this QR code
2. Select the products your healthcare provider recommended



ZENBIOME™ COPE & SLEEP

Powered by *Bifidobacterium longum* 1714™, a groundbreaking psychobiotic, Zenbiome™ Cope and Zenbiome™ Sleep are designed to help you navigate occasional stress, mood shifts, and/or sleeplessness.**

Direct2Patient™ Code:

Other Ways To Order:



www.microbiomelabs.com (904) 940-2208

Zenbiome™ Cope	
SUPPLEMENT FACTS	
Serving Size 1 Capsule Servings Per Container 60	
Amount Per Serving	% Daily Value*
Vitamin B6 (as pyridoxine hydrochloride)	0.85 mg 50%
Vitamin B12 (as hydroxocobalamin acetate)	1.2 mcg 50%
<i>Bifidobacterium longum</i> 1714†	50 mg 5B CFU†
Saffron stigma extract (<i>Crocus sativus</i> L.)	14 mg †
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
† Daily values not established.	
OTHER INGREDIENTS: Cellulose, vegetable capsule (cellulose and water), magnesium stearate, silicon dioxide.	
†1714™ is a trademark of PrecisionBiotics Group Ltd.	

Zenbiome™ Sleep	
SUPPLEMENT FACTS	
Serving Size 1 Capsule Servings Per Container 30	
Amount Per Serving	% Daily Value
Lemon balm leaf extract (<i>Melissa officinalis</i> L.)	200 mg †
L-Theanine	200 mg †
<i>Bifidobacterium longum</i> 1714†	50 mg 5B CFU†
† Daily values not established.	
OTHER INGREDIENTS: Vegetable capsule (cellulose and water), cellulose, magnesium stearate, silicon dioxide.	
†1714™ is a trademark of PrecisionBiotics Group Ltd.	

Contact Us



info@microbiomelabs.com



[@microbiomelabs](https://www.instagram.com/microbiomelabs)

**These statements have not been evaluated by the Food and Drug Administration (FDA). This product is not intended to diagnose, treat, cure, or prevent any disease.

ZB-001





What is Psychobiotic *B. longum* 1714™?

Bifidobacterium longum 1714™ is a psychobiotic (a specific type of probiotic) that supports your gut health to promote a healthy mind and sense of calm. It works by nurturing the gut-brain axis, a two-way connection between your digestive system and brain.

By fostering a healthy gut microbiome, *B. longum* 1714™ helps support calmness, balanced mood, restful sleep, and clear thinking, providing essential support to handle everyday stress and feel your best.**

It has been found that psychobiotic bacteria like *B. longum* 1714™ provide their benefits mainly through:**



Impacts the hypothalamic-pituitary-adrenal (HPA) axis



Regulates immune, hormonal, and inflammatory responses



Supports the body's natural production of neurotransmitters



Helps maintain neuronal integrity

How Does Psychobiotic *B. longum* 1714™ Work?

Psychobiotics work by engaging the gut-brain axis, a two-way communication pathway between your gut microbiome and brain.

Bifidobacterium longum 1714™ is the trailblazing psychobiotic biosolution clinically shown to support brain health and wellness by harnessing the incredible power of the gut-brain axis. This beneficial bacterial strain promotes mental health benefits, as confirmed by emotional, cognitive, neurological, and systemic indicators.**



ZENBIOME™ COPE & SLEEP



FAQs

Q. How do I take these formulas?

A. Zenbiome™ Cope: 1 capsule per day in the morning
Zenbiome™ Sleep: 1 capsule per day in the evening
Or as directed by your healthcare practitioner

Q. What are psychobiotics?

A. Psychobiotics are special types of probiotics that support your digestive and brain health. Psychobiotic *Bifidobacterium longum* 1714™ balances the gut microbiome and impacts the gut-brain axis, promoting a calm mind, balanced mood, restful sleep, and mental clarity. This makes it particularly beneficial for addressing everyday stress and fostering emotional well-being.**

Q. How are psychobiotics different from regular probiotics?

A. Psychobiotics differ from regular probiotics because they focus on more than just gut microbiome health. Regular probiotics primarily support your digestive health and gut balance. Psychobiotics (like *Bifidobacterium longum* 1714™) are designed to nurture your gut-brain axis, the link between your gut microbiome and brain.**

Q. Are Zenbiome™ formulas safe to take during pregnancy and breastfeeding?

A. Yes, Zenbiome™ formulas are generally considered safe to use during pregnancy and breastfeeding. However, please consult your healthcare provider before starting any new supplement to ensure it's appropriate for your situation.

Q. Do Zenbiome™ formulas contain allergens?

A. These capsules are free from 9 major allergens and contain no artificial colorings or flavorings.

What are the formulation standards for Zenbiome™?

- Tested for potency, purity, and safety
- Solvent-free during production
- Soy-free • Dairy-free • Non-GMO